

Jack Healey Centre

Cnr Mead St & Canning Road, Kalamunda

Monday

8:00am - 9:00am	Seniors Tai Chi (Contact for operating dates)	9293 4715
9:00am - 5:00pm	Hairdressing	6494 0136
9:30am - 10:30am	Boogie Roos	0413 578 339
9:30am - 11:30am	Seniors Line Dancing	9459 6778
11:00am - 12noon	Darling Range Hub Chi Gong	0492 807 603
12:00pm - 1:30pm	Alcoholics Anonymous	0418 765 812
1:00pm - 3:00pm	Darling Range Hub Carpet Bowls	0492 807 603
6:00pm - 8:00pm	Kalamunda Ukulele Collective (1 st Monday of the month)	0437 760 174

Wednesday

9:00am - 10:30am	Seniors Tai Chi (Contact for operating dates)	9293 4715
9:00am - 12noon	Gooseberry Hill Embroidery Group	0414 579 447
9:00am - 5:00pm	Hairdressing	6494 0136
9:30am - 11:30am	Darling Range Hub CommuniTEA Matters	0492 807 603
1:30pm - 2:30pm	Darling Range Hub Chair Pilates	0492 807 603
1:00pm - 4:00pm	Seniors Canasta Club	0409 843 944
6:30pm - 7:30pm	Club Fiesta in the Hills	0425 224 160
7:00pm - 9:00pm	Darling Range Stamp Club (3 rd Wednesday)	0455 572 568

Friday

8:30am - 9:30am	Darling Range Hub PDC Health Exercise	0492 807 603
9:00am - 5:00pm	Hairdressing	6494 0136
9:30am - 10:30am	Darling Range Hub PDC Health Exercise	0492 807 603
1:00pm - 2:30pm	Carers WA Carer Support Group	1800 422 737
1:00pm - 3:00pm	Kalamunda & Districts Laurel Club (2 nd Friday)	9291 7207
3:45pm - 7:45pm	Helen O'Grady Drama Academy	9378 4332

Tuesday

8:00am - 3:30pm	Podiatry - Bookings essential	6494 0135
9:00am - 10:00am	Darling Range Hub Chair Yoga	0492 807 603
9:00am - 5:00pm	Hairdressing	6494 0136
10:00am - 12noon	Darling Range Hub Hello Coffee Lounge	0492 807 603
10:15am - 11:15am	Darling Range Hub Chair Yoga	0492 807 603
11:00am - 1:00pm	Darling Range Hub Craft Group	0492 807 603
12:30pm - 2:30pm	Darling Range Hub Board Games, Cards and Puzzles	0492 807 603
6:00pm - 7.30pm	Pure Yin Yoga	0434 969 812
6:30pm - 9.00pm	Kalamunda Sing	0408 956 611

Thursday

10:00am - 11:00am	Kalamunda Ladies Probus (4 th Thursday)	0410 078 638
12:15pm - 3:00pm	Kalamunda District Community Hospital Auxiliary (1 st Thursday)	0418 493 307
2:00pm - 3:30pm	Seniors Line Dancing	9459 6778
4:00pm - 6:00pm	After School Arts	0491 634 235
7:15pm - 9:30pm	Kalamunda Scottish Country Dance	0417 963 058

Saturday

9:00am - 12noon	Kalamunda Embroidery Group	0419 914 769
10:00am - 12noon	Kalamunda Happy Hatters (last Saturday of the month)	0437 201 130
4:00pm - 8:00pm	Living Faith Church Kalamunda	0452 260 374



Chorus connects, empowers, and supports people through local, community-driven services. Providing a range of supports that enable people who are ageing, living with a disability or in mental health recovery to remain in their homes and participate in their communities.
[W chorus.org.au](http://www.chorus.org.au) | [P 1800 264 268](tel:1800264268)



Supporting aging residents within the City of Kalamunda to stay connected. Enabling members to lead active, healthy and purposeful lives. An intergenerational group encouraging people of all ages to support each other in achieving the goals of connection, friendship and community contribution.
[W drseniorshub.com.au](http://www.drseniorshub.com.au) | [P 0492 807 603](tel:0492807603)



The Staying in Place Program assists seniors to access local aged care support services enabling them to remain living in their own home, in their own community. It is a model that draws on locals supporting locals through coordination of an approved aged care provider.
[W stayinginplacedarlingrange.com.au](http://www.stayinginplacedarlingrange.com.au) | [P 0439 053 693](tel:0439053693)



Jack Healey Centre has small rooms for hire!
For further details phone the City of Kalamunda on 9257 9999 or book online at [SpacetoCo](http://SpacetoCo.com.au).

kalamunda.wa.gov.au

