



Safe & Healthy Kalamunda

2023-2028



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Acknowledgment of Country

The City of Kalamunda respectfully acknowledges the Traditional Owners, the Whadjuk Noongar People as the Custodians of this land and pay our respect to Elders, past, present and emerging who have and continue to reside in the area and have been an integral part of the history of this region.

The land on which we live, meet and thrive as a community always was and always will be Noongar Land.



Message from the Mayor

Local governments play a significant role creating environments that allow communities to enjoy good health and allow residents to feel safe and secure. The City of Kalamunda is committed to embracing this role in creating a healthy, safe and connected community to live, work and play in. To achieve this, the City of Kalamunda has developed an action plan titled *Safe and Healthy Kalamunda 2023 – 2028*.

Improving health and wellbeing is a complex and long-term process that requires a strategic approach and careful consideration. The City is in a primary position to aid the community in leading healthier and safer lives by using our best endeavours to meet the needs of current and future generations through an integration of environmental protection, social advancement and economic prosperity.



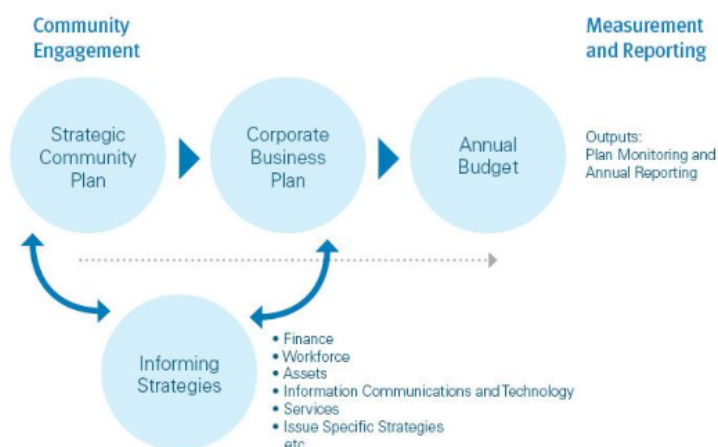


Executive Summary

The *City of Kalamunda Safe and Healthy Kalamunda 2023 – 2028* is a review and update of the *City of Kalamunda Community Health and Wellbeing Plan 2018-2022*. The Plan identifies public health priorities known as focus areas and provides a framework for the health and wellbeing of the local community. The Plan also assimilates community safety initiatives combining the Community Safety and Crime Prevention Plan into *City of Kalamunda Safe and Healthy Kalamunda 2023- 2028*.

The Plan is based on a social model of health, using epidemiological data and will continue to inform the way in which public health is managed within the City of Kalamunda. Additionally, the plan identifies deliverables to support an integrated and collaborative approach that will support and enhance the community's ability to lead healthy, productive and rewarding lives.

The Plan forms part of the City's suite of informing strategies as shown below



Alignment to the State Public Health Plan

The *Public Health Act 2016* states that Local Public Health Plans must be consistent with the State Public Health Plan, where appropriate. The State Public Health Plan summarises the key public health objectives and policy priorities for WA which are -

- Empowering and enabling people to live healthy lives;
- Providing health protection for the community and;
- Improving Aboriginal health and wellbeing.

The key focus areas identified in the City's Plan directly correlates to the State Public Health Plan being -

- Healthy living;
- Healthy communities;
- Safe and health environments and;
- Healthy partnerships and healthy economy.

A range of strategies and actions were developed to underpin these focus areas and demonstrate how the City plans to create a physical, social and cultural environment that supports and promotes health and safety for the whole community.

In addition, the City is in the process of reviewing its Reconciliation Action Plan (RAP) which will further strengthen the City's approach to ensure services and facilities meet the cultural needs of our community and are delivered in a culturally sensitive and inclusive manner.

Introduction

The City of Kalamunda recognises that health, wellbeing and safety are essential to creating a vibrant community. The City acknowledges its role in the promotion of community health and safety as core business and recognises that a whole of council approach, along with partnerships with sectors of government, non-government and community organisations is essential. Safe and Healthy Kalamunda is a five year strategic document that details how the City plans to improve community health & safety and meets the City's legislative obligations for public health planning under the *WA Public Health Act 2016*.

Our Vision

Healthy, Safe, Vibrant and United: A Thriving Community where Every Individual Flourishes

Our Mission

Fostering a Thriving Community through Health, Wellbeing, and Safety Initiatives

- Proactively assessing, reviewing, and addressing the present and future health, wellbeing, and safety needs of our community, guided by best practices and sustainability principles.
- Cultivating collaborative partnerships with internal and external stakeholders, fostering a unified approach to community health and wellbeing.
- Integrating community health and safety principles into our existing services and programs, ensuring that these aspects are prioritized in everything we do.
- Facilitating a shared vision for a healthy and safer community by encouraging active community participation and fostering an inclusive environment where every voice is heard.
- Establishing strategic links and relationships with local, state, and national plans and policies that impact community health and safety, aligning our efforts with broader goals.

Recognised as the 'government closest to the people' it is widely acknowledged that local government have the capacity to positively influence community health and safety outcomes¹. The City of Kalamunda understands that a person's health is influenced by a range of factors and goes beyond just the mere absence of disease. Safe and Healthy Kalamunda has been developed using a Social Model of Health, a conceptual framework for thinking holistically about health. The model helps to address the many social, cultural,

environmental, biological, political and economic determinants of health that can affect the health of the community.

Figure 1 below highlights that as a provider of infrastructure, services, facilities and programs, the City is in a key position to influence these determinants and positively contribute to health and wellbeing outcomes at a local level.

Promoting community wellbeing is about intervening "to change those aspects of the environment which are promoting ill health, rather than continuing to encourage individuals to change their behaviours and lifestyles when, in fact, the environment in which they live and work gives them little or no choice or support for making such changes".²



Figure 1: How local government can make a difference in health and wellbeing

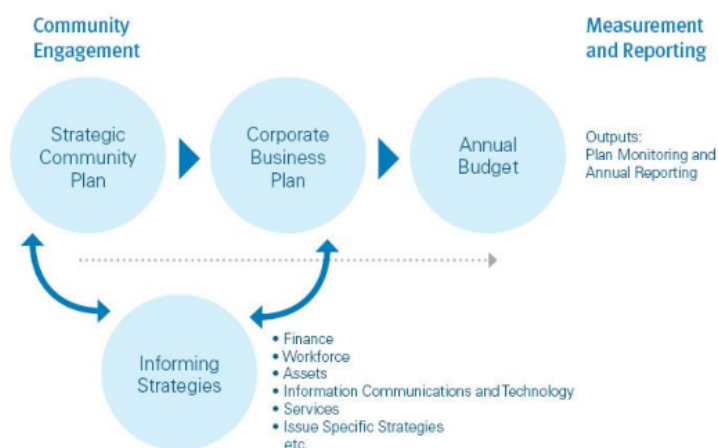
About the Plan

The Plan is focused on best practice and the City's legislative obligations under the *WA Public Health Act 2016* and will operate as an informing strategy to the *Kalamunda Advancing 2027 Strategic Community Plan*.

The Plan establishes an integrated health and wellbeing planning process that fits into the City's corporate planning framework under the *Local Government Act 1995*. This framework sets out the statutory responsibilities of local government in Western Australia to plan for the future and understand the aspirations of residents. Figure 2 below outlines the expectation and interactions between the City's Strategic Community Plan, Corporate Business Plan and informing strategies.

The plan aligns with the three objectives identified within the State Public Health Plan for Western Australia being empowering and enabling people to live healthy lives, providing health protection for the community, and improving Aboriginal health and wellbeing.

Figure 2: Elements of Integrated Planning and Reporting Framework



Key Areas

The Plan aims to address the physical, social, cultural and economic factors impacting people's health and safety especially those in the community at risk. Four key focus areas were identified which align with the community vision and priority areas identified in the City's Strategic Community Plan.

“Connected Communities, Valuing Nature and Creating our Future Together”

Kalamunda Advancing 2031

Strategic Community Plan Priority Areas	Health and Wellbeing Focus Areas
Kalamunda Cares and Interacts	Healthy Living
	Healthy Community
Kalamunda Clean and Green	Safe and Healthy Environment
Kalamunda Develops	Healthy partnerships, healthy economy
Kalamunda Leads	



Community Engagement

The Plan has been informed by the ideas and feedback gathered from the community, service providers, local organisations, businesses and government agencies.

City officers ran two community workshops to share information and collect valuable feedback, which focussed on public health policy and ideas for how the City could collaborate more effectively to spread positive health and wellbeing messages with the community.

Community feedback was also collected via a survey housed online with hard copies available from City buildings and shopping centre pop ups. Where relevant, community feedback was incorporated into the Plan and its actions.

Consultation between the East Metropolitan Health Service, non-government organisations and City staff (Environmental Health Officers, Planners, Community Development and Public relations) took place to identify opportunities to optimise the health and wellbeing of the City of Kalamunda community.

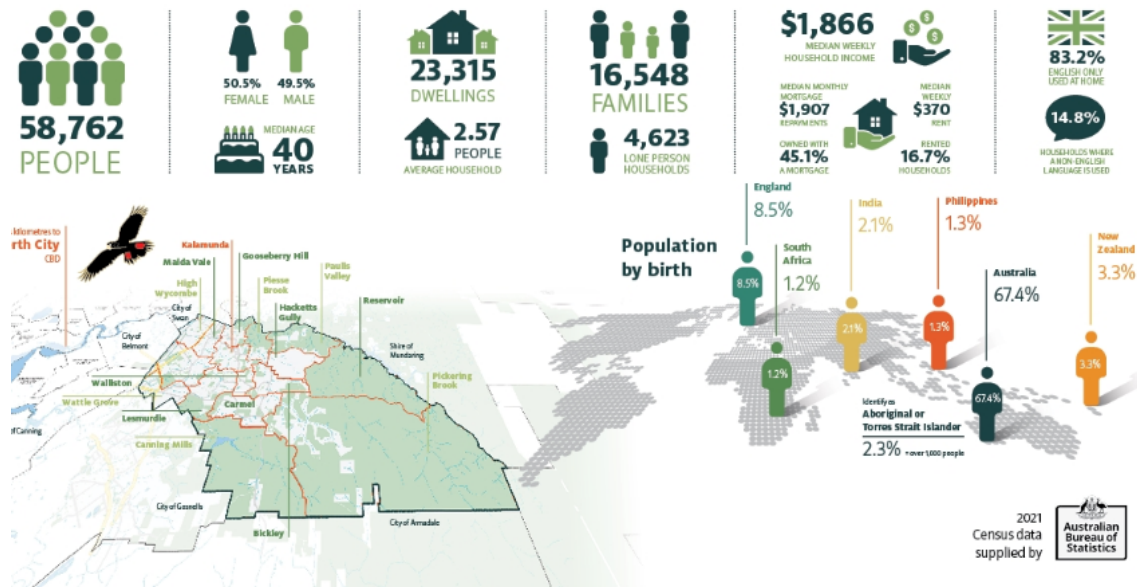
The Plan provides a framework for an integrated and collaborative approach that will support and enhance the community's ability to lead healthy, active and rewarding lives. It is designed to complement rather than duplicate Council's existing planning frameworks and strategies.

The following city documents were used to inform and/or complement the Plan.

- Kalamunda Futures: Youth Plan 2023-2028
- Kalamunda Engages - Community Engagement Strategy 2017
- Bicycle Plan 2017
- Economic Development Strategy
- Arts & Culture Strategy 2023 -2028
- Economic Development Strategy
- Innovate Reconciliation Action Plan 2019 -2021
- Public Open Space Strategy (2018)
- Industrial Development Strategy (2018)
- Fire Hazard Assessment Plan 2023 - 2028
- Inclusive Kalamunda: Social Inclusion Plan 2021-2025
- CCTV Strategy 2022 – 2027
- Climate Change Action Plan 2023 – 2034
- Kalamunda Clean and Green Local Environmental Strategy 2019 -2029
- Local Housing Strategy (2021)

Community Health Profile

Snapshot of the City



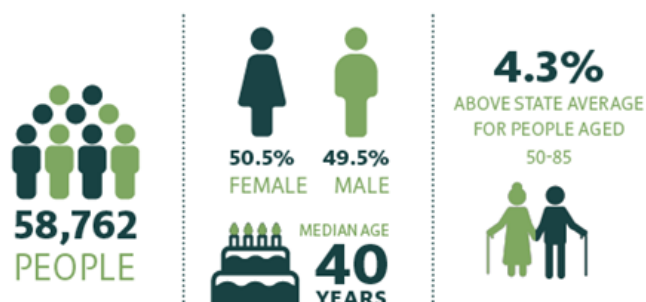
Our health is influenced by the environment we live in and the choices we make. Healthy choices and behaviours play an important part of people leading longer, healthy and active lives. These include increasing physical activity, improving diet, looking after mental health and wellbeing and reducing risky behaviours.

It is important the City understands the community's current health status and barriers to determine what initiatives the City should focus on.

Population Overview

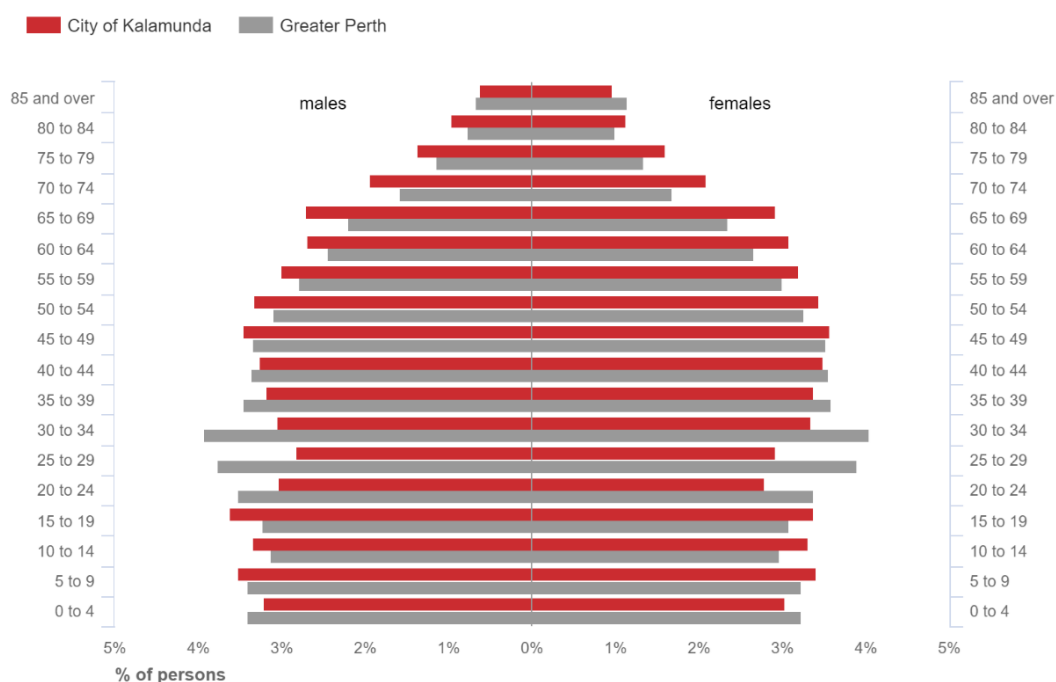
The City of Kalamunda is located approximately 24 kilometres east of Perth, along the Darling Scarp. Geographically, the City has three distinct areas:

- The Foothills/Plains: Forrestfield, High Wycombe, Maida Vale and Wattle Grove
- The Escarpment: Lesmurdie, Kalamunda and Gooseberry Hill.
- The Eastern Rural Districts: Walliston, Bickley, Carmel, Pickering Brook, Piesse Brook, Paulls Valley, Hacketts Gully and Canning Mills.



Community health Profile: Population, broken down into age (females and males) and median age.

Age-sex pyramid, 2021



Source: Australian Bureau of Statistics, Census of Population and Housing, selected years between 1991-2021 (Enumerated data).
Compiled and presented in profile.id by .id (informed decisions).

.id informed decisions

The Aboriginal and Torres Strait Islander population represents 2.3% of the total population, with the median age of an Aboriginal or Torres Strait Islander residents being 21 years of age. ⁴

More than half of the Kalamunda population (67.4%) were born in Australia. Other common countries of birth include, England (8.5%), New Zealand (3.3%), India (2.1%), Philippines (1.3%) and South Africa (1.2%). Census data revealed that 83.2% of Kalamunda residents speak only English at home. ⁴

Socio-Economic Status

Socioeconomic factors such as employment, appropriate housing, education, community safety and access to services are important determinants of health of individuals. In general people from lower socioeconomic groups are at risk of poor health, have higher rates of illness and live shorter lives than those from higher socioeconomic groups.

The socio-economic indexes of areas (SEIFA) measures the relative level of socio-economic disadvantage based on a range of information including income, educational attainment and unemployment. The index provides an indication of how disadvantaged an area is compared with others in Australia, with research typically linking lower SEIFA's with poorer health outcomes.⁵

Kalamunda as a Local Government Area (LGA) has a SEIFA score of 1039 which is higher than the standardised average of 1000 (a number above 1000 indicates higher socio-economic status). However, socio-demographic characteristics between the suburbs are quite diverse, with some areas experiencing more disadvantage than others. SEIFA scores and other relative differences between suburbs are presented in table 1 below.

Table 1: Suburb Socio-Economic Profile⁵

Suburb	Population	SEIFA 2021	Other info
Forrestfield	13,181	987.7	<ul style="list-style-type: none"> • Medium age 38 • Median household income \$1,614 (per week) (lowest in the city) • Largest aboriginal population (3.5%)
High Wycombe	12,198	998.5	<ul style="list-style-type: none"> • Medium age 38 • Median household income \$1,614 (per week) • Highest proportion of single parent families (13.7%)
Maida Vale	4,499	1051.3	<ul style="list-style-type: none"> • Medium age 42 • Median household income \$1877 (per week)
Eastern Rural Districts	3,440	1073.1	<ul style="list-style-type: none"> • Lowest rate of unemployment 2.9% • This area has the smallest proportion in the City (3440) • Lowest density area, 14 people for every km²
Kalamunda	7,163	1060.0	<ul style="list-style-type: none"> • Median age 49 • Median household income \$1,622 (per week) • Highest representation of 60+ (35.1%)
Wattle Grove	6,547	1055.4	<ul style="list-style-type: none"> • Median age 34 • Median household income \$2,377 (per week) (highest in the city) • Has the highest representation of minors 0-17 years (31.5%) • Lowest population of 60+ (10.8%) • Large percentage of Immigrants - 38.9% of the households don't speak English at home • No social housing within this area.
Lesmurdie	8,413	1068.5	<ul style="list-style-type: none"> • Median age 44 • Median household income \$2,083 (per week) • Highest representation of secondary schoolers (10.7%)
Gooseberry Hill	3,323	1094.3	<ul style="list-style-type: none"> • Median age 49

			<ul style="list-style-type: none">• Highest income area 21.3% of households earn an income of \$4000+ per week.• Largest percentage of home ownership 50.8% own their property fully.• High percentage of people with a Diploma or higher level of education (44.1%)
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Health and Wellbeing Snapshot

From a community perspective, the health and wellbeing of residents contributes to social interaction and the vitality of a community. For example, good health and wellbeing enables participation in sports, volunteering, arts, culture and other activities that bring the community together.⁶ By contrast, poor health and wellbeing reduces this participation and brings with it the high costs of medical care and other community services.⁶

The following health and wellbeing snapshot identifies the prevalence of chronic diseases, injuries and mental health conditions within our community and demonstrates the commonness of lifestyle behaviours which contribute to the increased risk of chronic health conditions. The City's childhood immunisation rates are also presented with a comparison to state and national averages.

Prevalence of common health conditions

It is estimated that for WA in 2018 490,493 years of healthy life were lost to premature death or living with disease or injury.⁷ Cancers, mental health, musculoskeletal and cardiovascular conditions account for 56% of the total burden of disease.⁷ Over a third of disease burden was deemed to be potentially avoidable.⁷ Injuries are also an important cause of death and disability and strategies to prevent chronic disease are often linked with injury prevention.

Table 2 presents the prevalence of common health conditions within the Kalamunda LGA.

Table 2: Prevalence of common health conditions, Kalamunda LGA and WA 2015-2019

Prevalence of Health Conditions	Kalamunda LGA (Persons %) Prevalence Estimate	Estimated population ^	Western Australia (Persons %) Prevalence Estimate	Difference Kalamunda vs WA (+/-)
Type 2 Diabetes	5.0%	2925	4.4%	0.6
Heart Disease	4.1%	2392	3.6%	0.5
Stroke	1.0%	1406	0.8%	0.2
Arthritis	8.7%	5094	7.6%	1.1
Current Asthma	7.7%	4511	7.3%	0.4
Injury (a)	21.4%	13 011	21.9%	-0.5
Mental health problem (b)	11.2%	5 386	14.6%	-3.4
Stress Related problem (b)	12.5%	3623	9.9%	2.6
Anxiety (b)	7.7%*	2289	9.3%	-1.6
Depression (b)	11.2%*	3405	8.5%	2.7

Sources: Epidemiology Branch, 2023, Health and Wellbeing Profile City of Kalamunda, WA Department of Health: Perth.

This information is based on survey responses from adults within the Kalamunda Local Government Authority (LGA) and adults with the State of Western Australia (WA).

*Result has a Relative Standard Error (ESR) between 25% and 50% therefore should be used with caution

- (a) Injury in the last 12 months requiring treatment from a health professional.
- (b) Ever been told by a doctor that they have, anxiety, stress-related or other mental health condition in the past 12 months by a doctor)

Behavioural Risk factors

While the degree to which a condition can be prevented varies, chronic conditions have a number of modifiable behavioural risk factors in common, including dietary factors, obesity, physical activity, tobacco use and excess consumption of alcohol. ⁷ A focus on prevention and the promotion of positive health and wellbeing, healthy lifestyle choices, timely and effective treatment and care and the creations of health-promoting environments is therefore very important to reduce the future impact of chronic disease. ⁷

Positive health and wellbeing increases life expectancy, supports better quality of life and improves social cohesion.

Table 3 identifies the prevalence of behavioural risk factors within the Kalamunda (LGA) and compares to state averages.

Table 3: Prevalence of lifestyle risk factors within the Kalamunda (LGA)

Risk Factor	Kalamunda LGA Area %	Estimated Population	WA (%)	Difference Kalamunda vs WA (+/-)
Adults obese (BMI 30+)	31.3%	18 099	29.7%	1.6
Adults overweight (BMI 25<30)	35.2%	20 344	38.9%	-3.7
Eat less than 2 serves fruit per day	51.2%	31 093	51.2%	0
Eat less than 5 serves of vegetables per day	86.1%	52 194	88.8%	-2.7
Eats fast food at least weekly	34.2%	20 877	33.6%	0.6
Drinks more than 2 standard drinks per day	24.2%	14 684	26.5%	-2.3
Drinks more than 4 standard drinks on any one day	3.9%	2 346	10.3%	-6.4
Insufficient weekly physical activity (a)	39.9%	23 906	38.4%	1.5
Currently smokes	5.0%	3 031	8.8%	-3.8

Source: Epidemiology Branch, 2023, Health and Wellbeing Profile City of Kalamunda, WA Department of Health: Perth.

This information is based on survey responses from adults within the Kalamunda Local Government Authority (LGA) and adults with the State of Western Australia (WA).

(a) Prevalence of insufficient physical activity and sedentary behaviour



Life Expectancy

Life expectancy at birth estimates represent the average number of years that a newborn could expect to live, assuming current age-specific death rates are experienced throughout their lifetime. It is a statistical measure to give an indication of the rate of potentially fatal diseases within the area and does not consider non-fatal health outcomes such as disability or quality of life.

Area	Kalamunda Life Expectancy	WA Life Expectancy	Comparison
Females	90.9	86.2	4.7
Males	85.3	81.7	3.6
Persons	88.1	84.0	4.1

Lifestyle Risk Factors

Lifestyle risk factors are risk factors that individuals have the ability to modify such as diet, exercise, smoking and drinking alcohol.

Do we have these stats? They could be presented as a table Kalamunda vs WA.

- Smokes
- Eats less than 2 serves of fruit/day
- Eats less than 5 serves of veg/day
- Eats fast food regularly (more than once/week)
- Drinks more than 2 standard drinks/week
- Physical activity

Major Causes of Death

When considering causes of death, three main disease groups are responsible for chronic disease and death.

Should we include three main disease groups that are responsible for chronic disease and death in Kalamunda vs WA and separate males and females?

Immunisation rates

Immunisation is one of the most effective measures to improve the health of a community and is effective in reducing morbidity and mortality rates.⁷ When there is a high vaccine coverage there is less disease circulating, this is known as “Herd immunity”. The Australian Government has estimated that coverage of 92-94% is required for herd immunity, particularly from highly infectious diseases such as measles⁷.

For this reason, the national immunisation coverage target rate has been set at 95%.

Table 7 represents the most recent childhood immunisation data for the Kalamunda LGA and compares to the state and national averages.

Table 7: Immunisation DATA (National, Metro WA and, Kalamunda LGA).

Area	1yr-old Fully Immunised	2yr - olds Fully Immunised	5yr - olds Fully Immunised
National	93.61%	91.64%	94.20%
Perth South	93.46%	90.64%	93.34%
Kalamunda LGA	93.40%	91.30%	93.96%

Source: 2023 PHN Childhood immunisation coverage data, March 2023 annualised data - All children, Department of Health & Aged Care⁸

Community Safety

The City recognises that crime has a negative effect on the community and that local governments have a role to encourage collaboration to investigate the nature of crime and how best to provide localised solutions. For this to be successful, partnerships must be made with key stakeholders such as members of the public, government agencies, police, community organisations and local businesses.

The City actively facilitates and supports an environment where residents feel a sense of security and safety within their homes and surrounding environments and is committed to making the community a safe place to live, work and recreate.

The City currently has a number of safety and crime prevention strategies in place which include making public spaces more accessible, better utilised and protected through increased usage and visitation, the provision of emergency management and rangers/community safety officers, the continued delivery of community safety programs, the provision of infrastructure such as lighting and ongoing, regular engagement of key stakeholders.

Community Crime Profile Data

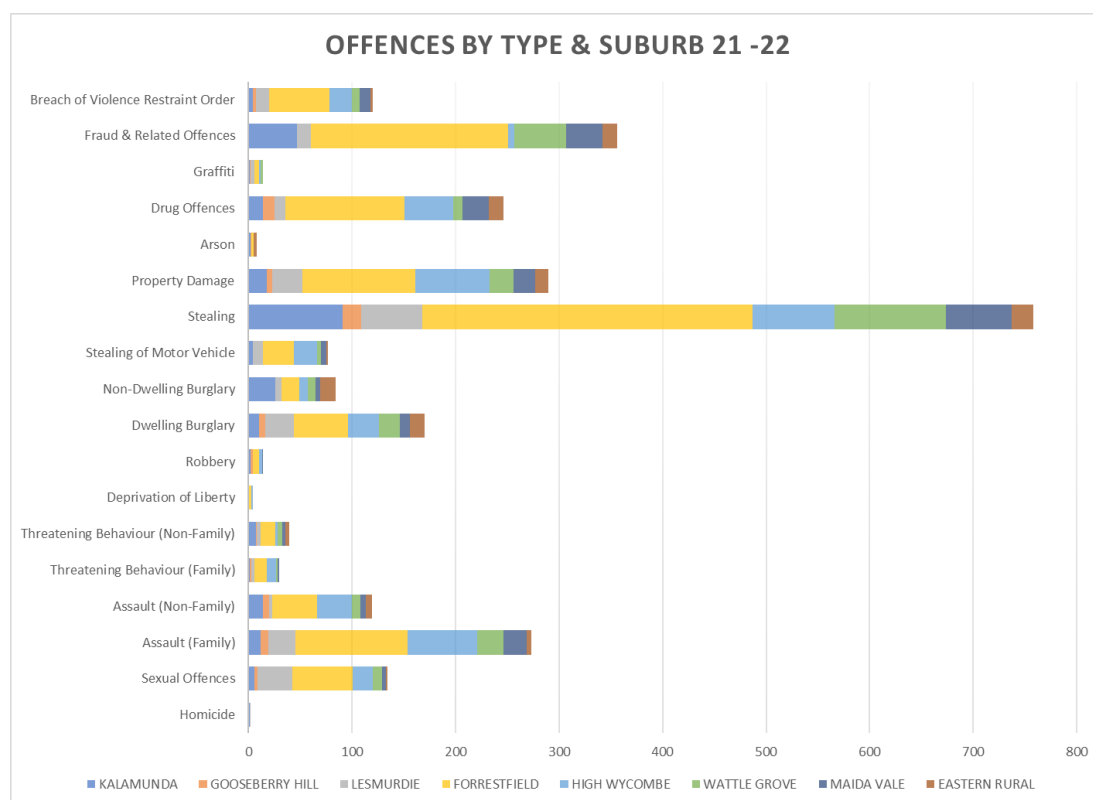
The West Australian Police (WAPOL) publish crime statistics for a broad range of offence categories which are broken down by suburb. The reports allow for crime increases or decreases to be monitored and acted upon depending on their nature. The data can assist with pinpointing trouble spots, allow an insight into the kind of awareness to prevention

programs that may be required or indicate success of crime prevention strategies that have been implemented in areas.

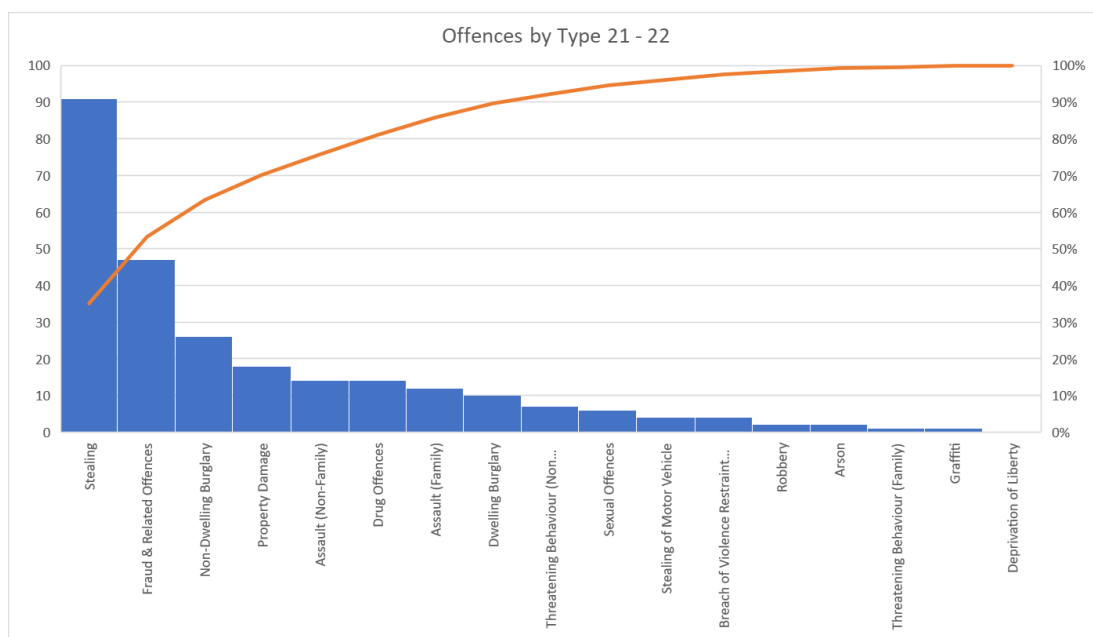
There are some limitations with the recorded crime data that must be acknowledged:

- Recorded crime data only reflects crimes reported by the police, that is not all crimes are reported. Therefore the data is simply a snapshot of crimes reported via appropriate police channels;
- Increases in reported crime may reflect increased activity by one or several offenders, if the offenders are removed, crime rates can change dramatically;
- Time lags in offences taking place and reporting can occur and;
- Recorded crime data does not provide information on police clearance rates and/or successful prosecutions.

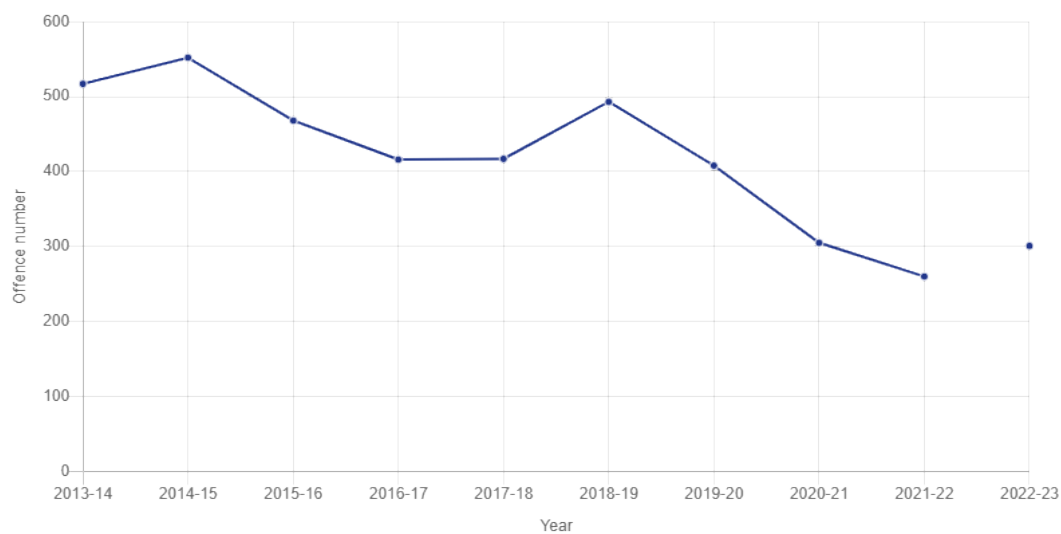
The following graph shows the number of reported offences by type and suburb for the period 2021-2022 (most recent data from WAPOL)



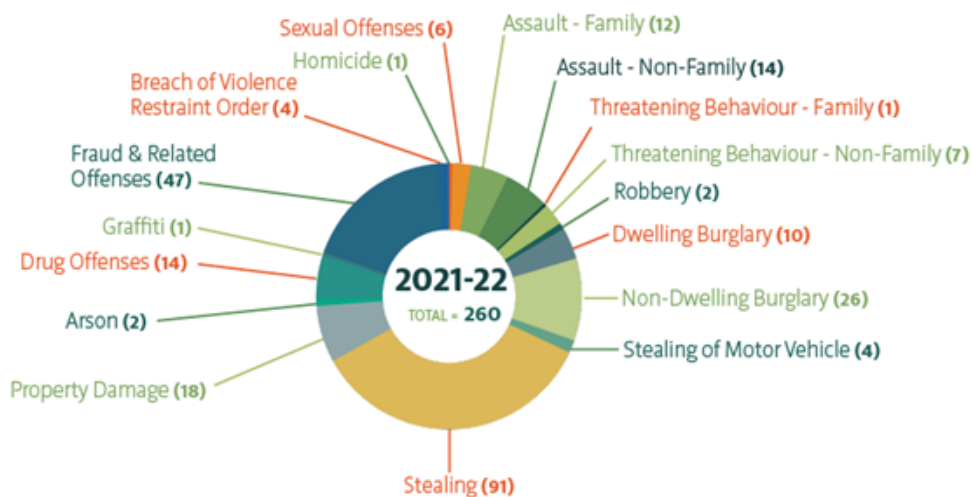
The following graph shows the offence types for the entire municipality for the period 2021-2022 (most recent data from WAPOL)



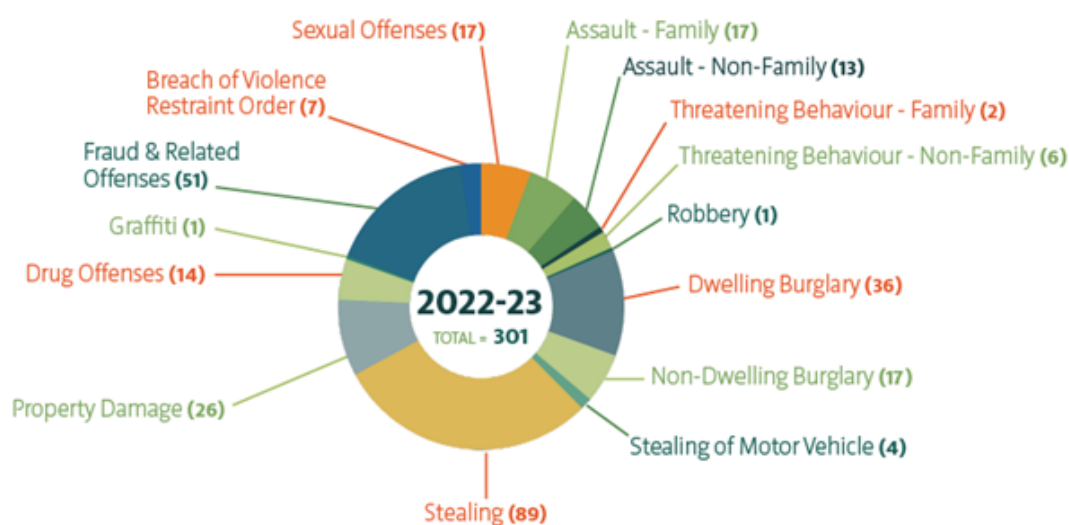
KALAMUNDA Offences per Financial Year



Offence Types 2021-2022



Offence Types 2022-2023



As you can see from the above graphs offences have increased in 2022-2023 which demonstrates the need and importance for the city to continue to work collaboratively with WAPOL, the community, government agencies and local businesses to ensure appropriate crime prevention strategies are delivered to reduce crime and ensure a safe environment for both residents and visitors.

Reference: Crime Statistics | Western Australia Police Force

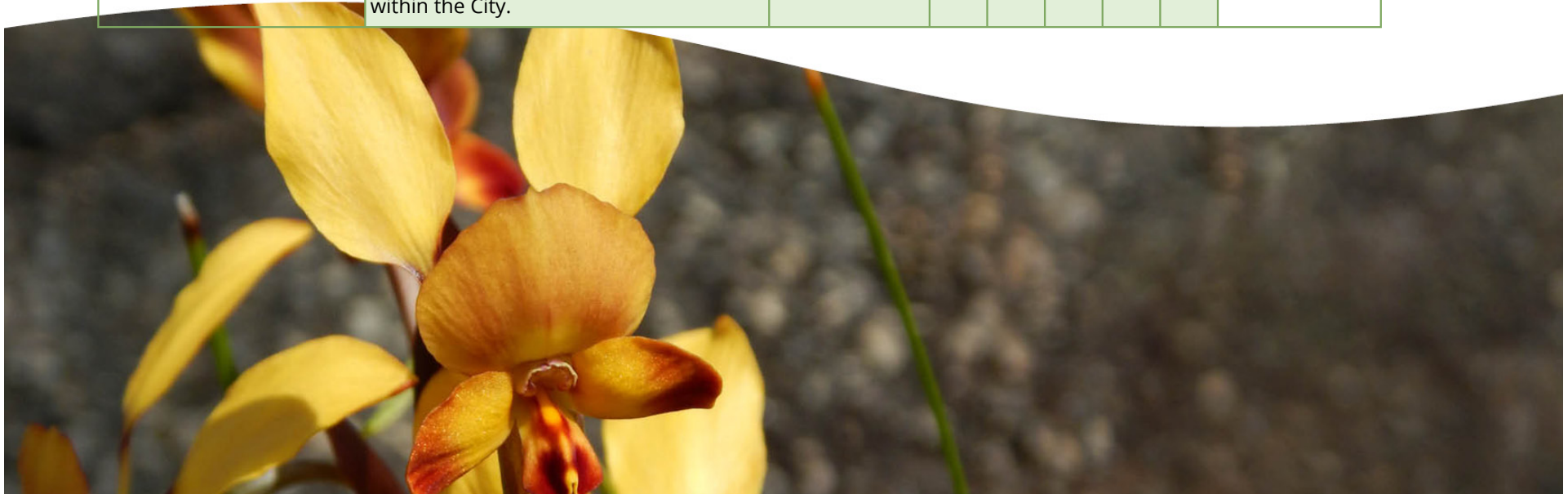
Action Plan

The following action plan [has been](#) developed to align with health priorities and objectives identified in the *State Public Health Plan for Western Australia*⁹ along with data collected at the local level. The purpose of this action plan is to capture the successful strategies and initiatives from the original CHWP while identifying new, innovative strategies for the City to progress. The action plan is divided into four sections addressing key health and wellbeing focus areas. Objectives, strategies and actions have been developed to address each focus area, with a City of Kalamunda service area identified and implementation targets.

Strategy	Action	Responsibility	23/24	24/25	25/26	26/27	27/28	Evaluation Measures
1.1 Provide programs, events and facilities that support and promote physical activity.	<p>1.1.1 Deliver and support facilities and programs that encourage physical activity.</p> <p>Ensure information is on the City's website</p> <p>Investigate areas where exercise equipment can be installed to support physical activity</p>	Community Development (Recreation Services)	x	x	x	x	x	<p>Ongoing maintenance of facilities, established programs implemented and new programs identified</p> <p>Website contains up to date information</p>

								Report to Council opportunities for installation of exercise equipment
	Ensure events have relevant approvals and adequate risk management plans							Monitor via event approval process
	Investigate the introduction of a healthy eating policy for City run events and facilities							Investigate and provide report and recommendations to KLT Develop policy
	1.1.2 Support state and federal 'physical activity' campaigns and implement relevant initiatives locally.	Health Services	x	x	x	x	x	Programs and services implemented, monitor participant numbers Report to Council new opportunities

	1.1.3 Continue working towards 'masterplans' for the development and upgrade of recreation/sports facilities and public open spaces (i.e. parks).	Community Development (Recreation Services)	x	x	x	x	x	Percentage of masterplans complete.
								Amount of external funding allocated to deliver masterplans.
	1.1.4 Continue to implement the City's <i>Clubs for Life</i> program which incorporates a range of initiatives and strategies designed to engage, support and help develop local sport and recreation clubs within the City.	Community Development (Recreation Services)	x	x	x	x	x	



1.2 Provide healthy ways to get around the City.	1.2.1 Implement actions outlined in the <i>City of Kalamunda Bicycle Plan 2017</i> .	Infrastructure Assets	x					Projects from the Bike Plan continue to be increased as Funding enables. Statistics in relation to number of cyclists within the District showing increasing trend. Feedback on Cycling in the District.
	1.2.2 Provide and maintain paths, signage and street lights across the City.	Assets	x	x	x	x	x	
	1.2.3 Explore opportunities to integrate 'healthy living by design' principles into urban design and increase awareness of principles by council staff, community members and key stakeholders. Encourage schools and recreational facilities to offer	Planning Health Services		x	x	x	x	Include information on the City's website Measure number of schools and recreational facilities that offer healthy foods

	<p>healthy food options (via a healthy eating policy)</p> <p>Investigate areas where community gardens can be established</p>							Monitor number of gardens established, participation and support
1.3 Provide access to relevant and topical information about healthy living.	1.3.1 Maintain and monitor use of the City's website and social media pages to incorporate promotion of health and wellbeing information and messages.	<p>Public Relations</p> <p>Library Services</p>	x	x	x	x	x	
1.4 Provide access to safe, sustainable and healthy food.	1.4.1 Continue to deliver the seed library project through the High Wycombe Library	Library Services	x	x	x	x	x	
	<p>1.4.2 Support and promote both community and residential edible gardens.</p> <p>- Explore opportunities to educate and encourage residents to grow their own food.</p> <p>- Distribute food plants at the City's annual "plants for residents' events.</p>	Health Services	x	x	x	x	x	Monitor program participation and support

	- Promote and raise awareness of the City's existing community gardens.							
	<p>1.4.3 Promote safe food handling practice amongst the City's food businesses by continuing to implement the City's statutory responsibilities</p> <ul style="list-style-type: none"> - support local food businesses/handlers to enhance their skills and knowledge in food safety - Educate food businesses on food safety topics through the City's Food News newsletter. - Sample food to ensure that relevant microbiological and chemical standards are met. <p>Explore opportunities to develop a voluntary "Scores on Doors" program that incentivises food safety.</p>	Health Services	x	x	x	x	x	<p>Monitor number of inspections carried out</p> <p>Include information regarding training on the City's website, implement programs to keep food businesses updated of any changes to legislation/requirements</p> <p>Annual reporting requirements to state gov.</p>
	Incorporate healthy food options into City run events							Monitor number of events with healthy food options

1.5 Provide opportunities to learn about healthy eating.	1.5.1 Support state and federal 'healthy eating' campaigns and implement relevant initiatives locally. Develop healthy food choice policy Encourage City funded/owned recreation facilities to provide healthy food options	Health Services	x	x	x	x	x	Develop and implement healthy food choice policy Monitor food options at City funded/owned recreation facilities
1.6 Work towards reducing alcohol (and other drug) related harm in the community.	1.6.1 Work in collaboration across service areas to develop an 'Alcohol Management Policy' for the City of Kalamunda.	Community Development (Recreation Services & Health Services)		x	x	x	x	Policy Developed and success measures monitored.
	1.6.2 Support state and federal 'alcohol awareness' campaigns and implement relevant initiatives/programs/messages locally. Incorporate information to existing public health campaigns on City's website	Health Services	x	x	x	x	x	Ensure website is up to date with educational material

	regrading alcohol and support services Investigate feasibility of an Alcohol Management Plan/Policy							Alcohol Management Plan/Policy developed and endorsed by Council
1.7 Work towards reducing exposure to second hand smoke in public areas.	1.7.1 Maintain no smoking signage at City facilities (i.e. playgrounds)	Assets	x	x	x	x	x	
	1.7.2 Promote smoke free public events, festivals and venues.	Events	x	x	x	x	x	The number of smoke free events
	1.7.3 Support state and federal campaigns that address smoking cessation and deliver messages at the local level. Reduce incidence of smoking and exposure to second hand smoke	Health Services	x	x	x	x	x	Enforce legislation in smoking prohibited areas
1.8 Work towards the prevention in injuries.	1.8.1 Support state and federal 'injury prevention'	Health Services	x	x	x	x	x	Deliver Goal 1 of the Social Inclusion Plan, through the

	<p>campaigns and implement relevant initiatives locally.</p> <p>Respond to hazards reported to the City</p> <p>Ensure inspections are carried out of private properties; pool safety barriers in accordance with the <i>Building Regulations 2012</i></p>	Community Development						<p>facilitation of Injury Matters Sessions</p> <p>Monitor number of issues reported and resolved</p> <p>Annual reporting to DMIRS</p>
1.9 Provide the community with facilities that enable healthy lifestyles	1.9.1 Deliver the “Big Picture” the City’s Strategic Community Facilities Plan	Whole of City	X	X	X	X	X	Project milestones

Focus Area 2 – Healthy Community

Objective: Support and celebrate diversity and encourage community inclusion across all life stages while promoting positive mental health.

Strategy	Action	Responsibility	23/24	24/25	25/26	26/27	27/28	Evaluation Measures
2.1 Encourage and promote active participation in social and cultural events that celebrate diversity.	2.1.1 Continue to provide and seek new opportunities for City led events and programs that appeal to people from a diverse range of ages, backgrounds, lifestyles and cultures.	Events	x	x	x	x	x	Number of events and programs held.
		Community Development						Social impact of events that celebrate diversity.
		Library Services						Deliver Strategy 1.9 – 1.11 and 3.11 of the Kalamunda Futures Youth Plan
		Arts and Cultural Services						Deliver Goal 1 and Goal 3 of the Inclusive Kalamunda Social Inclusion Plan
	2.1.2 Support external stakeholders through sponsorship and partnership opportunities.	Events	x	x	x	x	x	Number of Sponsorships.
		Community Development						Delivery of the Community Funding Program
								Social Impact of services and

2.2 Facilitate the inclusion of the ageing population and people with a disability to have access to information, facilitates and services.	2.2.1 Implement actions identified in the City's <i>Social Inclusion Plan 2021-2025</i> . <u>Focus areas include:</u> improving access to information, facilities and services and improving social participation and localised support.	Community Development	x	x	x	x	x	x	experiences provided as a results of sponsorships and partnerships entered into by the City of Kalamunda. Achievement of Social Inclusion Plan Goals Support local champions to include those with disability and ageing.
2.3 Provide opportunities for young people through recreation, social and education activities to reduce risk of anti-social behaviour and build a strong base to develop our future generation.	2.3.1 Implement actions identified in the City's Kalamunda Futures <i>Youth Plan 2023-2028</i> . <u>Focus areas surround young people being: empowered, connected, active and represented.</u>	Community Development	x	x	x	x	x	x	Achievement of Youth Plan Actions Youth Action Kalamunda (YAK) meetings

2.4 Support families, early years' service providers and early childhood practitioners.	2.4.1 Support the activities of the City of Kalamunda's Early Years Network, the Zig Zag Early Years Partnership.	Community Development Library Services	x	x	x	x	x	Monthly partnership meetings. Social Media Administration of the @ZZEYP page.
2.5 Provide opportunities to pursue learning.	2.5.1 Continue to deliver the City's Library services, programs and activities, addressing social inclusion and mental wellbeing outcomes.	Library Services	x	x	x	x	x	Delivery of Focus Area 1 Actions 1.3-1.11 of the Kalamunda Futures Youth Plan.
2.6 Provide opportunities to feel connected and supported within my community and promote positive mental wellbeing.	2.6.1 Continue to encourage and support volunteering within City's programs and activities.	Community Development	x	x	x	x	x	Maintained or increased membership in established volunteer roles, including: Youth Action Kalamunda advisory committee, Zig Zag Early Year Partnership, and Woodlupine Coffee Lounge.

2.6.2 Strengthen the City's relationship with Mentally Healthy WA 'Act-Belong-Commit' campaign and work towards recruiting and supporting local community groups/service providers as community partners. <u>Campaign aims to:</u> raise awareness of activities that promote good mental health, reduce stigma associated with mental illness and strengthen individual resilience. Develop events calendar that promotes health and wellbeing campaigns/activities/programs	Health Services (Health Promotion)	x	x	x	x	x	Include information on the City's website and monitor website traffic to establish areas that require further development/attention Monitor participation level at events Events calendar developed
2.6.3 Support relevant 'mental health and wellbeing' initiatives and messages locally. (E.g. Mental Health Week, and R U OK Day). Information material to be available on the City's website	Health Services (Health Promotion) Community Development	x	x	x	x	x	Delivery of Actions 1.4, 1.6, 1.9, 2.1, 2.2 and 3.10 of the Kalamunda Futures Youth Plan. Material on the City's website up to

									date and monitor website traffic to establish areas that require further development/attention
2.6.4 Explore opportunities to work with NGO's concerned with people whom suffer from mental illness and provide opportunities for the community to attend seminars and workshops.	Health Services (Health Promotion) Community Development	x							Deliver Actions 1.9.2, 3.10 and 3.13.6 of the Kalamunda Futures Youth Plan. Monitor participation level
2.6.5 Provide Arts and Cultural Programs that support and promote arts activities and contribute to a sense of place, identity and well being	Health Services (Health Promotion) Events Community Development Arts & Culture Library Services	x	x	x	x	x	x		Deliver Actions 1.9, 3.5 and 3.11 of the Kalamunda Futures Youth Plan. Deliver Actions from the Arts and Culture Strategy 2023-28.

Focus Area 3 – Healthy and Safe Environment

Objective: Provide a safe and welcoming environment and quality environmental health protection

Strategy	Action	Responsibility	23/24	24/25	25/26	26/27	27/28	Evaluation Measures
3.1 Provide a healthy environment to live, work and play.	3.1.1 Implement and adhere to legislative requirements as defined in the Food Act 2008, Environment Protection Act 1986, Waste Avoidance & Resource Management Act 2007 and Emergency Management Act 2005.	Health Services Community Safety Services Assets	x	x	x	x	x	Annual reporting to relevant state government agencies Review number of compliant/non-compliant businesses and actions taken and successes
	3.1.2 Management of contaminated sites to reduce the risks to public health and the environment.		X	x	x	x	x	
	3.1.3 Keep the City's mosquito population to acceptable levels through education and project delivery. - Implement the City's Mosquito Management Program.	Health Services Public Relations	x	x	x	x	x	Monitor effectiveness of mosquito management program, number of complaints, and effectiveness of

	Monitor mosquito breeding and species (trapping) - Provide educational information to City residents via press release, website and social media channels.								treatment, ensure information is on website and up to date
	3.1.4 Increase awareness of Asbestos - Information on City's website - Participate in the annual Asbestos Awareness Month. Educate and advise residents on Asbestos issues through resolution of complaints and assessment of developments. Maintain asbestos risk register for all city owned buildings	Health Services	x						Monitor number of complaints and action taken Ensure website contains factual and up to date information Annual inspection and reporting/updating of asbestos risk register
3.2 Provide a safe and secure community.	3.2.1 Continue to provide and monitor CCTV with the City.	Community Safety Services	x	x	x	x	x		
	3.2.2 Provide a well-resourced and responsive ranger service to the community. Rangers to respond to community	Rangers	x	x	x	x	x		Monitor complaint/concerns and action taken

3.3 Help the community prepare and manage risks	complaints and concerns relating to dogs, straying stock and animals, parking complaints and assist with the prevention and outbreak of bushfires.								
	3.2.3 Continue to implement Eyes on the Street and work closely with Police.	Community Safety Services	x	x	x	x	x		Monitor number of complaints, action taken and successes
	3.2.4 Maintain and monitor the implementation of the Graffiti Management Plan for the City.	Asset Maintenance	x	x	x	x	x		
	3.2.5 Incorporate public safety principles, including Safer Places by Design, into planning and development of the built environment	Development Services	x	x	x	x	x		
	3.2.6 As guided by the State Government and peak bodies, progress the Implementation of Child Safeguarding Principals in City facilities and operations	Community Development	x	x					Deliver Actions 2.4 and 2.5 of the Kalamunda Futures Youth Plan regarding Child Safeguarding.
	3.3.1 Coordinate and support the ongoing functions of the Local Emergency Management Committee and the Local	Community Safety Services	x	x	x	x	x		Ensure the City's local emergency management arrangements and

associated with
emergency events.

Emergency Management
Arrangements.

supporting
documents remain
relevant

Undertake fire management
services.

Review of any
events/incidents
and outcomes

Provide services and activities to
assist the community prevent,
respond and recover from fire
events



Focus Area 4 – Healthy partnerships and economy

Objective 1: To engage with business, partners and stakeholders to work collaborating for the benefit of the community

Strategy	Action	Responsibility	23/24	24/25	25/26	26/27	27/28	Evaluation Measures
4.1 A sustainable local economy	4.1.1 Implement the City's <i>Economic Development Strategy</i> .	Economic Development	x	x	x	x	x	Facilitate Kalamunda Chamber of Commerce Sponsorship Agreement. Maintain stakeholder networks. Provide a concierge service for new business.
4.2 Collaborative partnerships	4.2.1 Support local networks of service providers to encourage collaboration and partnership and sharing of information. Ensure ongoing collaboration and sharing of information with the community and service providers	All			x			Increase collaboration between community and service providers

4.3 Active and vibrant community	4.2.2 Support existing and any new town teams within the district.	Community Engagement	x	x	x	x	x	Ongoing function of Town Team/s participation rates town team achievements
	4.3.1 Activate places and spaces to provide opportunities for community to come together	Community Engagement, Strategic Planning, Community Development	x	x	x	x	x	Activation of spaces. Community perceptions.
	4.3.2 Support and encourage events on City's land	Community Engagement – Events	x	x	x	x	x	Number of events. Success measures for events achieved. Monitor attendance at events and conduct surveys to establish the types of events the community wants

4.3.3 Ensure events are operated in a manner which minimises risk to the community	Community Health and Safety; Events	Carry out inspections of events to ensure compliance with event conditions
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Evaluation

Safe and Healthy Kalamunda identifies how public health, wellbeing and safety will be managed over the next five years. Implementation and monitoring of The Plan will be managed by the City's Health Services Department and will require the execution of actions by relevant departments and support of senior management.

The ongoing establishment of the internal Public Health and Wellbeing Stakeholder Group will also assist with the review and implementation of the Plan. This group was formed in 2023 and meets on an annual basis to contribute to the assessment of progression and review of ongoing applicability of the Plan.

Conducting an annual review of the Plan will be a statutory requirement under section 45(5) of the Public Health Act. Under the same section The Plan can be amended or replaced at any time.

An annual review of the Plan will take place aiming to:

- Ensure implementation is progressing to schedule;
- Confirm actions are producing the desired measures;
- Review key data (e.g. health status, risk factors, needs and demographics);
- Identify need for adjustments/amendments to meet any changes in community need (e.g. reduce or conclude activities no longer necessary and/or commence new activities in response to newly-identified needs);
- Report and celebrate achievements;
- Reconsider strategic direction and priorities;
- Influence resource allocation;
- Identify new networks and partnerships.

The progress of the Plan will be reported quarterly through the corporate business plan reporting and reported annually in the City's Annual Report.

At the end of the five years, a full social impact evaluation will be undertaken and a new 5 year plan established.





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