**Websites for Parents of Children in the Middle Years**

**Parenting WA Line:** 1800 654 432


**e:** parentingwaline@communities.wa.gov.au

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**Australian Broadcasting Commission (ABC) – ABC Parenting**
Stories, podcasts, video, activities and highlights from ABC TV and radio programs and online news.

http://www.abc.net.au/parenting

**ABCD Parenting Young Adolescents**
Resources on key issues in parenting young adolescents in the transition to independence.

http://www.abcdparenting.org

**Australian Research Alliance for Children and Youth (ARACY)**
Research into issues relating to children. See the middle years strategy.

http://www.aracy.org.au

**Bullying No Way!**
Portal for parents, teachers and students on bullying managed by all Australian education authorities.

http://bullyingnoway.com.au

**Child and Youth Health – South Australia**
Extensive resources on the emotional and physical health of ‘Kids 6 to 12’ and ‘Teens 12 to 17’.

http://www.cyh.com

**Commissioner for Children and Young People**
Advocates for and works with children, families and government. See the Middle Years Issues Paper.

http://www.ccyp.wa.gov.au
Cybersmart
Portal for parents, schools, libraries and young people of all ages on being safe in cyberspace.  
http://www.cybersmart.gov.au

Department for Child Protection, Western Australia
Provides a range of child safety and family support services to Western Australian families.  
http://www.childprotection.wa.gov.au

Department for Communities, Western Australia
Provides information and support services for parents through Parenting WA. Licences and monitors child care services. See Middle Years page.  
http://www.communities.wa.gov.au

Family Court of Western Australia
Information on dispute resolution, divorce, matters relating to children, maintenance and adoptions.  
http://www.familycourt.wa.gov.au

Family Relationships Online
Family relationship tips and support for children, teenagers, parents and grandparents. Family Relationship Centres located in metropolitan and rural areas.  
http://www.familyrelationships.gov.au

Headroom
Resources for children, young people and parents on issues, problem-solving and resilience.  
http://www.headroom.net.au

Health Index – Western Australia
Large range of health tip sheets from the Department of Health, Western Australia.  

Health Insite
Portal for health information online from a wide range of sites.  
http://www.healthinsite.gov.au
Helping Your Child Learn
Ideas for helping children to learn core subjects and study at school.

Kids Count – Australian Childhood Foundation
Helps parents to understand children’s experience, their own experience and the parenting role.

Kids Helpline
Australia-wide telephone and online help for children, teens and young adults with tips for parents.

Kids Matter
Accessible resources to help parents and teachers foster the well-being of primary school-aged children.

Kidsafe
Keeping young people of all ages safe at home, play, on the road and at school.

Meerilinga
Promoting and supporting the education, care and well-being of children. Coordinates Children’s Week.

My Child
Australian Government portal for all child care including service types, search for services, Child Care Benefit.

National Association for Prevention of Child Abuse and Neglect (NAPCAN)
Advocate for young people of all ages and offers tips for a positive parent-child relationship.
<table>
<thead>
<tr>
<th><strong>Raising Children Network</strong></th>
<th>Comprehensive, multimedia site for all parenting resources from pre-birth to early teens.</th>
<th><a href="http://www.raisingchildren.net.au">http://www.raisingchildren.net.au</a></th>
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<tr>
<td><strong>Schools and You</strong></td>
<td>Portal for parents for all school matters, including school finder, term dates and parents’ participation.</td>
<td><a href="http://www.det.wa.edu.au/schoolsandyou">http://www.det.wa.edu.au/schoolsandyou</a></td>
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<tr>
<td><strong>Seven Steps to Safety</strong></td>
<td>Tip sheets to help parents give children the skills and confidence they need to feel and be safe at home.</td>
<td><a href="http://childrenandfamilies.nt.gov.au/Families">http://childrenandfamilies.nt.gov.au/Families</a></td>
</tr>
<tr>
<td><strong>Stepfamilies Australia</strong></td>
<td>Resources for all those involved in relationships in stepfamilies or blended families.</td>
<td><a href="http://www.stepfamily.org.au">http://www.stepfamily.org.au</a></td>
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<tr>
<td><strong>Youth Beyond Blue</strong></td>
<td>Multimedia site for young people and parents addressing youth mental health from Beyondblue.</td>
<td><a href="http://www.youthbeyondblue.com">http://www.youthbeyondblue.com</a></td>
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