



## 2009 MOUNTAIN DESIGNS BIBBULMUN TEAM CHALLENGE

A TEST OF BRAWN AND BRAINS IN THE BUSH!

**The Bibbulmun Track Foundation is now recruiting for new teams to compete in its annual Mountain Designs Bibbulmun Team Challenge, to be held between the 8<sup>th</sup> of October and the 8<sup>th</sup> November.**

The Challenge involves sixteen teams battling it out in team-building, mind-bending and physically-demanding activities over four heats along Western Australia's Bibbulmun Track and is ideal for corporations wanting to enhance communication and problem-solving skills amongst employees.

The event has grown in popularity since the first Challenge in 2002, and has become a "must do" for some organisations who sign up each year including Bankwest, National Bank, Department of Environment & Conservation, and more. 2008 participant Chris Nutt summed it up neatly as *"well organised, well executed, and good fun"*.

Also able to participate are social, outdoor or sporting clubs or even groups of friends looking for an intense and fulfilling adventure experience - Word has spread, and an 'all ladies' team of friends from the Eastern States is vying for the Challenge Champion crown this year!

Each four-day heat covers approximately 60kms. In addition to the adventure challenges in the bush, participants will camp out and bushwalk with full backpacks for 15km per day. *"Although teams are self-sufficient, training and support will be provided."* said Event Manager and Lead Guide, Steve Sertis *"The Challenge is not about winning, it's about finding out about yourself, testing your limits and appreciating your environment."*

The 1000km Bibbulmun Track, which stretches from Perth to Albany is regarded as one of the world's great long distance walk trails. It winds its way through some of the most spectacular natural areas of Australia's South West and is the perfect location for the innovative, nature-based event. The Challenge is also a major fundraiser for The Bibbulmun Track Foundation with all proceeds dedicated to the ongoing sustainability of the Track.

For more information or to register a team, contact Steve Sertis at the Bibbulmun Track Foundation:

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Visit the website [www.bibbulmuntrack.org.au](http://www.bibbulmuntrack.org.au)

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