## **Jack Healey Centre**

Cnr Mead St & Canning Road, Kalamunda kalamunda.wa.gov.au

# Cityof **Kalamunda**

#### **Monday**

8:00am - 3:30pm	Podiatry - Bookings essential	6494 0135
9:00am - 11:00am	Peer-to-peer Kalamunda Parent, Carers & families of children with disabilities	0492 807 603
9:00am - 5:00pm	Hairdressing	6494 0136
9:30am - 10:30am	Boogie Roos	0413 578 339
9:30am - 11:30am	Seniors Line Dancing	9459 6778
12:00pm - 1:30pm	Alcoholics Anonymous	0418 765 812
1:00pm - 3:00pm	Darling Range Hub Carpet Bowls	0492 807 603
6:00pm - 8:00pm	Kalamunda Ukulele Collective (1st Monday of the month)	0437 760 174

#### **Tuesday**

8:00am - 3:30pm	Podiatry - Bookings essential	6494 0135
9:00am - 10:00am	Darling Range Hub Chair Yoga	0492 807 603
9:00am - 5:00pm	Hairdressing	6494 0136
10:00am - 12noon	Darling Range Hub Hello Coffee Lounge	0492 807 603
11:00am - 1:00pm	Darling Range Hub Craft Group	0492 807 603
12:30pm - 2:30pm	Darling Range Hub Board Games, Puzzles and Rumi	0492 807 603
6:00pm - 7.30pm	Pure Yin Yoga	0434 969 812
6:30pm - 9.00pm	Kalamunda Sing	0408 956 611

#### Wednesday

9:00am - 10:30am	Seniors Tai Chi (Contact for operating dates)	9293 4715
9:00am - 12noon	Gooseberry Hill Embroidery Group	0414 579 447
9:00am - 5:00pm	Hairdressing	6494 0136
9:30am - 11:30am	Darling Range Hub CommuniTEA Matters	0492 807 603
1:00pm - 2:00pm	Darling Range Hub Chair Pilates	0492 807 603
1:00pm - 4:00pm	Seniors Canasta Club	0409 539 525
7:00pm - 9:00pm	Darling Range Stamp Club (3 <sup>rd</sup> Wednesday)	0455 572 568

#### **Thursday**

9:15am - 10:00am	Darling Range Hub PDC Health Excercise	0492 807 603
10:00am - 11:00am	Kalamunda Ladies Probus (4 <sup>th</sup> Thursday)	0410 078 638
12:15pm - 3:00pm	Kalamunda District Community Hospital Auxiliary (1st Thursday)	0418 493 307
2:00pm - 3:30pm	Seniors Line Dancing	9459 6778
4:00pm - 6:00pm	After School Arts	0491 634 235
7:15pm – 9:30pm	Kalamunda Scottish Country Dance	0417 963 058

### **Friday**

9:00am - 10:30am	Seniors Tai Chi (Contact for operating dates)	9293 4715
9:00am - 5:00pm	Hairdressing	6494 0136
12noon - 3:00pm	Kalamunda & Districts Laurel Club (2 <sup>nd</sup> Friday)	92917207
3:45pm – 7:45pm	Helen O'Grady Drama Academy	9378 4332

#### **Saturday**

9:00am - 12noon	Hills Embroidery Group	0419 914 769
10:00am - 12noon	Kalamunda Happy Hatters (last Saturday of the month)	0437 201 130
4:00pm - 8:00pm	Living Faith Church Kalamunda	0409 290 481

#### **Sunday**

10:00am – 11:30am Filipino Wesleyan Methodist Church 0

0401 465 572



W drseniorshub.com.au P 0492 807 603

Supporting aging residents within the City of Kalamunda to stay connected.

Enabling members to lead active, healthy and purposeful lives. An intergenerational group encouraging people of all ages to support each other in achieving the goals of connection, friendship and community contribution.

Jack Healey Centre has rooms for hire for small functions & activities

For further details phone the City of Kalamunda

on (08) 9257 9999 or book online at SpacetoCo





